

Sample White Garment Pattern

Use: Soft washable white fabric
White thread for seams and hems
Red embroidery thread for small red cross

1. Cut the pattern as one piece by lining up the shoulder seams on the fold of the fabric. Cut the fabric approximately 6mm ($\frac{1}{4}$ inch) larger than the pattern.
2. With right sides together, sew side and arm seams.
3. Roll neck edge and stitch to finish.
Roll bottom hem and stitch to finish.
Roll sleeve hems and stitch to finish.
4. Turn garment right-side-out. Embroider a small red cross in the front center of the garment.
5. Soak and swish in ice cold water until the red embroidery thread stops bleeding.
6. Allow to dry and press.

Notes:

In Sofia's atrium, the white garment is small. Scale the pattern to the proportion of a newborn or doll. **The garment is not child size.**

If you prefer you may find patterns at your local fabric shop, or invite a member of your community to make a white garment for your atrium.

You may want to make two, so you can have a spare on hand while the other is being laundered.

